

MOVING ATHLETICS FORWARD



FANTASTIC OPPORTUNITY - FREE FOR GOVERNMENT SCHOOLS!

Athletics Victoria has developed a unique and exciting program aimed at “Moving Athletics Forward” in the Victorian Secondary School system. The program is supported by the State Government and the “Go For Your Life” campaign. Along with our coaching services provider, Trakstart, Athletics Victoria will make available a number of different athletics services. These will educate schools about athletics and provide them with a clear pathway to involvement in the popular Schools Knockout Competition.

The services are being offered free to government schools and at a heavily subsidised rate to non government schools, to ensure access for all. Tailored “Moving Athletics Forward” packages are also available for schools in regional Victoria. This is an amazing opportunity not to be missed!

For more information contact Athletics Victoria: email - info@athsvic.org.au, phone - 03 9428 8195, website - www.athsvic.org.au



Supported by
the Victorian
Government





WHY GET INVOLVED?

- Ensure athletics is a focus at your school
- Build school/team morale
- Educate staff and students
- Promote healthy, fun extra curricular activities
- Appeals to all levels of experience and ability
- Local, State and National competition

ATHS 2 GO (Teacher Education Course)

Either as a refresher or an introduction to the sport of athletics we are offering teachers a 3 hour informative and practical course. The Aths 2 Go courses are generally held at local athletics tracks to ensure relevance and value to staff. A perfect professional learning session, as expert coaches will be in attendance to provide ongoing athletic knowledge and pass on specific tips for preparing students for the Schools Knockout Competition and other school athletic meets. The course is certified by Athletics Australia and upon completion all participants will receive a certificate, a resource folder and accompanying DVD.

TERM 1. Aths 2 Go Courses		TERM 3. Aths 2 Go Courses	
Wednesday 18th February 2009	Bendigo	Friday 24th July 2009	Bendigo
Friday 20th February 2009	Ballarat	Wednesday 29th July 2009	Ballarat
Wednesday 25th February 2009	Doncaster	Friday 31st July 2009	Geelong
Friday 27th February 2009	Gippsland (Moe)	Wednesday 5th August 2009	Collingwood
Friday 6th March 2009	Geelong	Friday 7th August 2009	Aberfeldie

SCHOOLS KNOCKOUT

The 2009 Schools Knockout Competition will provide schools throughout Australia with the challenge of a unique track & field competition that promotes team spirit and increased participation. Rounds will be held throughout Victoria leading to the Victorian Final (2 divisions) and ultimately the Australian Final.

Schools Knockout Rounds			
Wednesday 18th March 2009	Knox	Monday 24th August 2009	Aberfeldie
Monday 10th August 2009	Bendigo	Wednesday 26th August 2009	Doncaster
Tuesday 11th August 2009	Ballarat	Friday 28th August 2009	Duncan MacKinnon
Wednesday 12th August 2009	Geelong	Victorian Final	Date & Venue to be confirmed
Monday 17th August 2009	Gippsland (Moe)	Australian Final	Date & Venue to be confirmed

ATHLETIC TEAM TRAINING (3 Sessions)

This component of the package allows your school to gain access to expert coaching. A minimum of two qualified athletics coaches will visit your school to assist with coaching your students in the events that will be held at Schools Knockout. These 1 hour coaching sessions can be held as a block of three hours or individual sessions before school, at lunchtime or after school.

For more information visit the 'schools' section of the Athletics Victoria website: www.athsvic.org.au or email info@athsvic.org.au.

2009

Moving Athletics Forward

Booking Form



Complete & return this booking form to Athletics Victoria **FAX: 03 9427 9183**

School	<input type="text"/>		
School Contact	<input type="text"/>		
School Address	Suburb <input type="text"/>	Postcode	<input type="text"/>
Phone	<input type="text"/>	Mobile	<input type="text"/>
Email	<input type="text"/>		

Aths 2 Go

3 hour informative and largely practical course. A perfect professional learning session for teachers. All teachers that complete the course will receive an Aths 2 Go resource folder and DVD. Aths 2 Go is certified by Athletics Australia.

Date & Venue of Course:

Name & email address of participant/s:

Athletic Team Training

These 1 hour coaching sessions can be held as a block of three hours or individual sessions before school, at lunchtime or after school.

Time/s & Date/s of training session/s:

Please circle the two events that you would like coaches to instruct for your session/s:

SPRINTS/RELAYS HURDLES MIDDLE DISTANCE JUMPS THROWS

Schools Knockout

Please send me more information regarding the Schools Knockout program.

For more information contact Athletics Victoria:

ATHLETICS VICTORIA

OLYMPIC PARK, OLYMPIC BLVD,

MELBOURNE VIC 3004

PHONE: (03 9428 8195 FAX: (03) 9427 9183

EMAIL: info@athsvic.org.au

WEB: www.athsvic.org.au

CLOSING DATES:

ATHS 2 GO
ATHLETIC TEAM TRAINING

1 month prior to the course selected.

At least 3 weeks prior to requested session/s.

Sessions are conducted all year round.

COSTS:

GOVERNMENT SCHOOLS
NON GOVERNMENT SCHOOLS

Free

\$400 package or \$125 per "Aths 2 Go" or "Athletic Team Training" session. Schools will be invoiced after booking form is submitted to Athletics Victoria.