

	Women's Track & Field							
Event	OPEN	Under 20	Under 18	Under 17	Under 16	Under 15	Under 14	Under 13
100m	<b>E.Hutton</b> 11.5 Aug-01	<b>E.Hutton</b> 11.68 Mar-96	<b>E.Hutton</b> 11.97 Feb-94	<b>E.Hutton</b> 12.15 Feb-93	<b>Wilson/Bowen</b> 12.34 Feb81- Nov91	<b>C.Wilson</b> 12.34 Feb-81	<b>C.Wilson</b> 12.34 Feb-81	<b>L.Bilous</b> 13.28 Dec-96
200m	<b>R. Robson</b> 24.17 Feb-05	<b>E.Hutton</b> 24.52 Jan-95	<b>S.Bowen</b> 24.95 Mar-92	<b>S.Bowen</b> 24.95 Mar-92	<b>J.Boulter</b> 25.24 1978	<b>J.Boulter</b> 25.24 1978	<b>C.Wilson</b> 25.54 Feb-81	<b>L.Bilous</b> 25.88 Dec-96
400m	<b>T.Lewis</b> 52.58 Feb-99	<b>T.Lewis</b> 52.6 Jan-98	<b>C. Feben</b> 54.6 Mar-04	<b>C. Feben</b> 54.6 Mar-08	<b>J.Boulter</b> 55.44 1979	<b>J.Boulter</b> 55.44 1979	<b>C.Wilson</b> 57.64 Oct-80	<b>C.Wilson</b> 63.34 Jan-80
800m	<b>T.Lewis</b> 02:00.9 Feb-99	<b>T.Lewis</b> 02:02.9 Apr-98	<b>A.Chui</b> 02:04.3 Feb-95	<b>K. Katsenavakis</b> 2.04.72 Mar-05	<b>K. Katsenavakis</b> 2.07.28 Mar-08	<b>K. Katsenavakis</b> 2.10.55 Mar-08	<b>B. Gange</b> 2:12.81 Dec-05	<b>Natalie Rule</b> 2:18.49 Feb-09
1,500m	<b>S.Power</b> 04:12.0 Feb-95	<b>S.Power</b> 04:12.0 Feb-95	<b>S.Power</b> 4:14.46 Jan-93	<b>S.Power</b> 4:22.12 Mar-92	<b>L.Treize</b> 4:28.24 Jan-87	<b>L.Treize</b> 4:33.04 Mar-86	<b>A. Lavale</b> 4:40.15 Feb-06	<b>Natalie Rule</b> 4:46.19 Feb-09
3,000m	<b>S.Power</b> 08:56.9 Feb-95	<b>S.Power</b> 08:56.9 Feb-95	<b>S.Power</b> 8:59.71 Feb-93	<b>S.Power</b> 9:12.73 Feb-93	<b>L.Treize</b> 9:30.55 Feb-86	<b>L.Treize</b> 9:47.97 Feb-86	<b>L.Treize</b> 10:33.08 Mar-85	<b>Not Claimed</b>
5,000m	<b>N.Harvey</b> 15:22.6 Feb-99	<b>L.Treize</b> 16:57.84 Nov-86	<b>L.Treize</b> 16:57.84 Nov-86	<b>L.Treize</b> 16:57.84 Nov-86	<b>L.Treize</b> 16:57.84 Nov-86	<b>G. Thek</b> 17:57.95 Feb-06		
10,000m	<b>N.Harvey</b> 32:20.6 Dec-98	<b>S.Sternson</b> 36:19.7 Dec-93	<b>S.Sternson</b> 36:19.7 Dec-93	<b>S.Sternson</b> 36:19.7 Dec-93				
20,000m								
2,000m Steeplechase				<b>S Carberry</b> 6.38.68 Jul-07	<b>S Carberry</b> 06:42.0 Dec-06	<b>G. Thek</b> 7.09.21 Dec-05		
3,000m Steeplechase	<b>S Carberry</b> 10:37.54 Nov-07	<b>S Carberry</b> 10:37.54 Nov-07	<b>S Carberry</b> 10:37.54 Nov-07	<b>S Carberry</b> 10:37.54 Nov-07		<b>G. Thek</b> 11:21.0 Feb-06		
80m Hurdle							<b>S Fitt</b> 13.01 Feb-11	<b>L.Gannon</b> 13.24 Dec-88
90m Hurdle					<b>K.Burns</b> 14.14(high) Dec-86	<b>L.Gannon</b> 13.60(low) Dec-90	<b>C.Armstrong</b> 14.94(low) Nov-85	<b>K.Saunders</b> 16.94(low) Dec-81
100m Hurdle	<b>K.Burns</b> 14.26 Mar-90	<b>K.Burns</b> 14.26 Mar-90	<b>K.Burns</b> 14.64 Oct-88	<b>B.Rennie</b> 15.84 1979	<b>B.Rennie</b> 15.84 1979	<b>B.Rennie</b> 15.84 1979	<b>L.Clarke</b> 20.74 Mar-81	<b>L.Clarke</b> 20.74 Mar-81
200m Hurdle						<b>A.Lavale</b> 30.14 Dec-05	<b>J.Harvey</b> 31.44 Feb-93	<b>C.Short</b> 36.59 Feb-93
300m Hurdle					<b>C.Larritt</b> 44.71 Feb-87	<b>N.Short</b> 44.74 Jan-93	<b>J.Harvey</b> 49.44 Mar-93	<b>C.Short</b> 52.14 Jan-93
400m Hurdle	<b>S.Brito</b> 55.5 Apr-02	<b>K.Crow</b> 59.05 Dec-01	<b>K.Crow</b> 59.05 Dec-01	<b>K.Crow</b> 59.05 Dec-01	<b>C.Wilson</b> 61.34 Mar-83	<b>C.Wilson</b> 61.34 Mar-83	<b>C.Wilson</b> 61.34 Mar-81	<b>G.Russell</b> 84.54 Feb-83
1,500m Walk	<b>S.Pierson</b> 6:27.64 Dec-81	<b>S.Pierson</b> 6:32.44 Dec-81	<b>S.Pierson</b> 6:32.44 Dec-81	<b>S.Pierson</b> 6:41.14 Dec-78	<b>S.Pierson</b> 6:41.14 Dec-77	<b>N.Sanso'tti</b> 6:47.14 Dec-87	<b>N.Sanso'tti</b> 7:03.64 Nov-87	<b>N.Sanso'tti</b> 7:07.80 Mar-87
2,000m Walk	<b>N.Sanso'tti</b> 9:36.24 Oct-87	<b>N.Sanso'tti</b> 9:36.24 Oct-87	<b>N.Sanso'tti</b> 9:36.24 Oct-87	<b>N.Sanso'tti</b> 9:36.24 Oct-87	<b>N.Sanso'tti</b> 9:36.24 Oct-87	<b>N.Sanso'tti</b> 9:36.24 Oct-87	<b>N.Sanso'tti</b> 9:36.24 Oct-87	<b>M.Sanso'tti</b> 9:51.14 Jan-90
3,000m Walk	<b>S.Pierson</b> 13:02.74 Feb-82	<b>S.Pierson</b> 13:02.74 Feb-82	<b>S.Pierson</b> 13:41.24 1981	<b>S.Pierson</b> 14:13.44 1978	<b>S.Pierson</b> 14:13.44	<b>N.Sanso'tti</b> 14:52.96 Dec-87	<b>N.Sanso'tti</b> 14:52.96 Dec-87	<b>N.Sanso'tti</b> 14:52.96 Dec-87
5,000m Walk	<b>S.Pierson</b> 22:24.24 Sep-83	<b>M.Horne</b> 26:15.24 Feb-87						
Marathon	<b>R.Mellinda</b> 2:37:56	<b>Not Claimed</b>						
Long Jump	<b>K.Burns</b> 6.41 Feb-98	<b>K.Burns</b> 6.32 Aug-89	<b>K.Burns</b> 6.18 Dec-88	<b>K.Burns</b> 5.98 Nov-87	<b>K.Burns</b> 5.86 Nov-86	<b>S.Bowen</b> 5.55 Mar-90	<b>L.Bilous</b> 5.48 Feb-98	<b>L.Bilous</b> 5.41 Dec-96
Triple Jump	<b>T.Dixon</b> 13 Nov-97	<b>K.Burns</b> 12.48 Dec-88	<b>K.Burns</b> 12.48 Dec-88	<b>K.Burns</b> 12.39 Oct-87	<b>K.Burns</b> 11.88 Nov-86	<b>L.Bilous</b> 11.31 Feb-98	<b>L.Bilous</b> 11.31 Feb-98	<b>C.Fidler</b> 10 Nov-90
High Jump	<b>J.Talbot</b> 1.88 Mar-86	<b>J.Talbot</b> 1.81 Feb-82	<b>J.Talbot</b> 1.81 Feb-82	<b>J.Talbot</b> 1.76 Mar-81	<b>J.Hunt</b> 1.73 Oct-81	<b>J.Hunt</b> 1.73 Oct-81	<b>C.Fidler</b> 1.6 Oct-91	<b>C.Fidler</b> 1.55 Dec-90
Pole Vault	<b>R.Dacy</b> 4.1 Feb-99	<b>R.Dacy</b> 3.61 Nov-96	<b>Not Claimed</b>	<b>Not Claimed</b>				
Shot Put	<b>C.Schultz</b> 14.36 Mar-91	<b>N.Langton</b> 11.5 Nov-92	<b>N.Langton</b> 11.5 Nov-92	<b>N.Langton</b> 11.5 Nov-92	<b>A.Bottos</b> 11.09 Feb-85	<b>D.Bottos</b> 13.17 Dec-85	<b>D.Bottos</b> 11.94 Feb-85	<b>H.Carr</b> 10.73 Jan-82

<b>Discus</b>	<b>L.Burns</b> 46.89 Dec-00	<b>L.Burns</b> 46.89 Dec-00	<b>L.Burns</b> 46.89 Dec-00	<b>L.Burns</b> 46.89 Dec-00	<b>L.Burns</b> 42.04 Nov-99	<b>N.Langton</b> 39.94 Mar-91	<b>L.Burns</b> 37.18 Dec-97	<b>L.Burns</b> 32.2 Nov-96
<b>Javelin</b>	<b>J. Campbell</b> 42.89 Feb-03	<b>L.Burns</b> 42.35 Dec-00	<b>L.Burns</b> 42.35 Dec-00	<b>L.Burns</b> 42.35 Dec-00	<b>J.Campbell</b> 39.09 Feb-98	<b>N.Langton</b> 36.62 Jan-90	<b>L.Burns</b> 34.22 Nov-97	<b>L.Burns</b> 29.14 Sep-96
<b>Hammer Throw</b>	<b>C.Schultz</b> 41.56 Mar-91	<b>N.Langton</b> 36.24 Feb-93	<b>N.Langton</b> 36.24 Feb-93	<b>N.Langton</b> 36.24 Feb-93				
<b>Heptathlon</b>	<b>C.Payne</b> 4360 Jan-93	<b>C.Payne</b> 4360 Jan-93	<b>N Exon</b> 3324 Feb-09	<b>N Exon</b> 3324 Feb-09	<b>Not Claimed</b>	<b>Not Claimed</b>	<b>L.Bilous</b> 3337 Dec-97	<b>Not Claimed</b>

**Women's Relays**

	<b>OPEN</b>	<b>Under 20</b>	<b>Under 18</b>	<b>Under 16</b>	<b>Under 14</b>
<b>4 x 100m</b>	<b>S.Brito / M O'Connor</b> <b>K.Dressler / E.Hutton</b> 47.1 Jan-01	<b>Fankhauser / Burns</b> <b>Langley / George</b> 48.94 Dec-89	<b>Walker / Bowen</b> <b>Neville / Slaven</b> 49.3 Mar-92	<b>Walker / Gannon</b> <b>Slaven / Bowen</b> 49.94 Dec-90	<b>Gill / Gannon</b> <b>Slaven / Bowen</b> 51.14 Dec-89
<b>4 x 200m</b>	<b>S.Brito / R.Robson</b> <b>K.Dressler / K.Myers</b> 01:38.0 Jan-01	<b>Gannon / Walker</b> <b>Slaven / Bowen</b> 1:42.44 Dec-92	<b>Gannon / Walker</b> <b>Slaven / Bowen</b> 1:42.44 Dec-92	<b>S Louey / K Radford</b> <b>H Patterson / K Quispel</b> 1:44.18 2-Dec	<b>Gill / Gannon</b> <b>Slaven / Bowen</b> 1:49.54 Dec-89
<b>4 x 400m</b>	<b>S.Brito / R.Robson</b> <b>K.Dressler / K.Myers</b> 03:40.3 Jan-01	<b>Blyth / Berntsen</b> <b>Rowarth / Wilson</b> 3:54.04 Dec-83	<b>Blyth / Berntsen</b> <b>Rowarth / Wilson</b> 3:54.04 Dec-83	<b>Evans / McPhee</b> <b>Blyth / Boulter</b> 4:00.14 Mar-81	<b>Mason / Blyth</b> <b>Berntsen / Wilson</b> 4:02.74 Mar-81
<b>4 x 800m</b>	<b>Saunders / Carney</b> <b>Berntsen / Ranger</b> 9:06.44 Dec-92	<b>Power / Harvey</b> <b>Jones / Payne</b> 9:09.83 Mar-92	<b>Power / Harvey</b> <b>Jones / Payne</b> 9:09.83 Mar-92	<b>Sternson / Short</b> <b>Scot t / Peel</b> 9:40.14 Dec-92	<b>Not Claimed</b>
<b>4 x 1,500m</b>	<b>Jelleff / Pierson</b> <b>Miller / Mallinder</b> 18:34.44 1986	<b>Power / Harvey</b> <b>Jones / Sternson</b> 18:34.58 Mar-92	<b>Power / Harvey</b> <b>Jones / Sternson</b> 18:34.58 Mar-92	<b>Not Claimed</b>	<b>Not Claimed</b>
<b>Medley 8+4+2+2</b>	<b>S.Brito / R.Robson</b> <b>L.Allen / K.Myers</b> 04:00.0 Jan-01	<b>Not Claimed</b>	<b>J Lee / J Kamal</b> <b>A Paulin / S Carberry</b> 4.08.24 Feb-07	<b>B Gange / C Quilty</b> <b>K McCloskey-Huckin / H Papas</b> 4.13.31 Feb-07	<b>Not Claimed</b>
<b>Discus</b>	<b>Not Claimed</b>	<b>Not Claimed</b>	<b>Not Claimed</b>	<b>Not Claimed</b>	<b>Not Claimed</b>
<b>Shot Put</b>	<b>Not Claimed</b>	<b>Not Claimed</b>	<b>Not Claimed</b>	<b>Not Claimed</b>	<b>Not Claimed</b>
<b>Long Jump</b>	<b>M Lane / T Lane</b> <b>N Lane</b> 13.88m Mar-10	<b>Not Claimed</b>	<b>S Singh / T Lane</b> <b>A Hull</b> 13.47 Dec-05	<b>Not Claimed</b>	<b>Not Claimed</b>