

Men's Track & Field

Event	OPEN	Under 20	Under 18	Under 17	Under 16	Under 15	Under 14	Under 13	
100m	D. Baxter 10.3 Feb-99	D. Baxter 10.44 Feb-97	D.Baxter 10.71 Mar-95	P.Callander 11.1 Dec-86	D.Baxter 11.25 Mar-93	A.Paice 11.74 Dec-88	M.Goulopoulos 12.01 Feb-89	J. McKeon 12.94	
200m	D.Baxter 20.57 Mar-00	D.Baxter 21.19 Jan-97	D.Baxter 21.44 Mar-95	D.Baxter 22.29 Dec-93	M.Woodgate 23.01 Dec-11	N. Down 23.72 Nov-05	M.Goulopoulos 24.34 Dec-89	S. Dickens 26.34	
400m	C. Rendina 46.94 Feb-05	A.Wilcox 48.07 Nov-88	J. D'Alfonso 48.44 Apr-06	A.Medhurst 49.3 Mar-97	D. Gould 49.98 Feb-85	N. Down 52.00 Jan-06	M. Harding 53.74 Nov-83	S. Quilty 58.34 Jan-78	
800m	J.Ischia 01:46.5 Feb-98	P.Cleary 01:47.5 Feb-95	J. Rock 1:50.04 Feb-90	M. Harding 1:53.08 Feb-86	D. Gould 1:55.74 Dec-85	S. Quilty 2:00.04 Feb-80	Agosta/Quilty 2:03.34 Nov-83	J. Ischia 2:09.24 Feb-87	
1,500m	P.Cleary 03:36.2 Mar-99	P.Cleary 3:38.39 Feb-96	P.Cleary 03:45.9 Mar-94	P. Cleary 3:54.08 Nov-92	S. Quilty 3:57.24 Feb-81	S. Quilty 4:04.04 Jan-80	S. Quilty 4:14.74 Feb-79	J. Ischia 4:29.34 Nov-86	
3,000m	P.Patrick 7:52.02 Feb-93	P.Patrick 7:59.04 Aug-91	J.Chambers 8:23.24	C.McKenzie 8:33.74 Dec-85	T. Longmuir 8:51.74 Mar-88	J. Agosta 9:08.04 Feb-84	S. Quilty 9:12.44 Feb-79	J. Ischia 9:46.24 Feb-87	
5,000m	P.Patrick 13:32.20 Feb-93	P.Patrick 13:43.30 Jul-91	P.Patrick 13:51.10 Aug-89	C.McKenzie 15:22.24 Nov-85					
10,000m	P.Patrick 27:59.6 Dec-93								
20,000m	B Ashkettle 1.02.46 14-Aug-07	B Ashkettle 1.02.46 14-Aug-07							
2,000m Steeplechase			P. Murray 5:53.34	P. Murray 5:53.34	D. Walters 6:14.24	M. Harding 6:34.24 Nov-84	Yuan Chow Lui 06:58.9 Jan-13		
3,000m Steeplechase	G. Schmidlechner 8.39.54 Feb-06	B. Ashkettle 9:01.02 May-08	B. Ashkettle 9:08.39 Feb-06						
80m/90m Hurdle							M. Harding 12.84 Mar-84	M. Harding 13.14 Nov-83	
100m Hurdle					W Spargo 13.68 Dec-09	M. Harding 14.14 Nov-84			
110m Hurdle	S.Datson 14.97 Mar-97	C.Paice 15.24 Nov-95	M. Harding 15.24 Jan-87	M. Harding 14.35 Nov-86					
200m Hurdle						C.Paice 25.58 Dec-91	Not Claimed	Not Claimed	
300m Hurdle					B. Marsh 38.19 Feb-87	B. Marsh 38.19 Feb-87	M. Harding 39.64 Feb-85	M. Harding 41.94 Mar-84	B. Marsh 47.64 Mar-84
400m Hurdle	A.Medhurst 51.97 Feb-98	A.Medhurst 51.97 Feb-98	A.Medhurst 51.97 Feb-98	A.Medhurst 53.26 Mar-97					
1,500m Walk	D. Russell 5:39.04 Oct-92	D. Russell 5:39.04 Oct-92	D. Russell 5:39.04 Oct-92	D. Russell 5:47.90 Oct-91	D. Russell 6:00.84 Mar-91	P.Newcombe 6:34.24 Sep-88	P. Newcombe 7:05.84 Feb-88	P. Newcombe 7:12.14 Mar-87	
2,000m Walk	B.Malcolm 07:56.6 Feb-98	B.Malcolm 07:56.6 Feb-98	D. Russell 8:04.14 Dec-91	D. Russell 8:04.14 Dec-91	D.Russell 8:12.74 Dec-90	D.Russell 8:27.54 Feb-89	Not Claimed	Not Claimed	
3,000m Walk	D. Russell 11:47.7 Dec-93	D. Russell 11:47.7 Dec-93	D. Russell 11:53.04 Nov-91	D. Russell 11:53.04 Nov-91	D. Russell 12:34.99 Mar-91	P.Newcombe 15:31.2 Jan-87	P.Newcombe 15:31.2 Jan-87	P.Newcombe 15:31.2 Jan-87	
5,000m Walk	D. Russell 20:01.2 Feb-94	D. Russell 20:01.2 Feb-94	D.Russell 20:47.14 Dec-91						
Marathon	B.Camp 2h.10m.11s Jul-89	D.Greenhall 2h.45m.0s							
1 hour	B Ashkettle 19,074m 14-Aug-07								
Long Jump	A.Coombes 7.53 Dec-89	J.Parangi 7.27 Feb-98	T. Morrison 7.04 Dec-05	E. Zapis 6.89 Feb-88	E. Zapis 6.66 Feb-87	M. Harding 6.11 Nov-84	D. Paul 5.83	A. Coombes 5.01 Nov-80	
Triple Jump	M. Sweeny 15.89	M. Sweeny 15.89	M. Sweeny 14.59	G.Adamson 14.29 Feb-89	Nathan Ryan 13.86 Dec-08	G.Adamson 13.58 Feb-87	G.Adamson 12.56 Feb-86	M. Sweeny 10.96	
High Jump	D. Hay 2.21 Aug-89	D. Hay 2.21 Aug-89	S. Oliver 2.03 Nov-86	S. Oliver 2.03 Nov-86	Williams/Madigan 1.9	A. Williams 1.86	A. Williams 1.79	Williams/Madigan 1.65	
Pole Vault	R. Hill 5.4 Apr-96	R. Hill 4.54 Mar-90	Metherall/Mayfield 3.8 Dec-92	A. Metherall 3.8	A. Mayfield 3.35 Feb-87	S Reyneke 3.15 Mar-15	S Reyneke 3.15 Mar-15		
Shot Put	S. Young 15.79	S. Young 14.66	S. Young 16.45	S. Young 17.23	S. Young 16.52	S. Young 16.41	S. Young 14.72	S. Young 13.28	

	Mar-98	Mar-92	Feb-90	Feb-89	Feb-88	Feb-87	Feb-86	Feb-85
Discus	S. Young 54.78 Mar-98	S. Young 48.22 Mar-91	S. Young 53.9 Feb-90	S. Young 50.48 Mar-89	A. Watson 59.07 Dec-04	R. Biffi 51.34 Dec-04	R. Biffi 43.14 Nov-02	S. Young 35.46 Feb-85
Javelin	J. Hocking 60.14 Oct-88	J. Hocking 57.6 Dec-87	A. Watson 58.8 Mar-04	A. Watson 58.8 Mar-04	A. Watson 58.8 Mar-04	A. Watson 53.28 Dec-04	A. Watson 42.85 Nov-02	S. Dickens 36.6 Feb-85
Hammer Throw	M. Stevens 48.28 Nov-88	James Joycecey 49.68 Mar-15 (6kg)	James Joycecey 57.61 Mar-15 (5kg)	J Joycecey 57.61 Mar-15 (5kg)	James Joycecey 61.18 Nov-14 (4kg)	James Joycecey 59.93 Oct-14 (4kg)	James Joycecey 35.6 Mar-13 (4kg)	
Multi (Men)	S.Datson 5663 Dec-97	Not Claimed	A.Mayfield 6154 Dec-92	A. Watson 5768 Jan-05	D.Bastin 4489 Mar-92	Not Claimed	A. Watson 3013 Dec-02	Not Claimed

Men's Relays

	OPEN	Under 20	Under 18	Under 16	Under 14
4 x 100m	Lewis / Zapris Penny / Baxter 41.61 Dec-97	McLeod / Wilcox Kuchel / Kenshole 42.74 Nov-88	H George / A Kostov J Poon / J D'Alfonso 43.66 Dec-05	Phillips / C. Paice Ryan / Baxter 45.64 Dec-92	Young / Mayfield Kingsley / G'poulos 51.14 Nov-88
4 x 200m	D Baxter / D Flowers P Bate / C Rendina 1:26.59 Jan-04	Kenshole / Kuchel McLeod / Wilcox 1:28.64 Nov-88	Kenshole / Harding Gould / Callander 1:30.92 Mar-87	D.Baxter / P.Mierisch C. Paice / T. Little 1:35.43 Dec-92	B Nicholson / C Condos S Robertson / J Ischia 1:47.71 Dec-87
4 x 400m	A Di Medio / J D'Alfonso C Coumaros / K Rassool 3:14.06 Dec-14	McLeod / Maher Harding / Wilcox 3:17.74 Nov-88	J Poon / H George A Kostov / J D'Alfonso 3:19.55 Dec-05	Horgan / Farrell Morris / Irwin 3:32.84 Nov-88	Lascala / Newcombe Gibson / Ischia 4:09.44 Mar-87
4 x 800m	Harding / P'horne Reid / Paulin 7:29.20 Dec-89	N'combe / Russell Cleary / Morgan 7:48.44 Dec-93	Paulin / McKenzie Maher / Harding 07:51.2 Feb-85	McKenzie / Ischia Grindall / Farrell 8:10.94 Nov-88	McKenzie / Grindall Farrell / Ischia 8:10.94 Nov-88
4 x 1,500m	Quilty / Agosta Polkinghorne / Paulin 15:19.14 Nov-88	Not Claimed	Not Claimed	Not Claimed	Not Claimed
Twelve Hour Run	Jeff Chambers / Brad Camp / Mark Tomsett / Chris Lynch / A Murray / Eamon O'Callaghan / Kevin Musumeci / Tom Hassall / Mark O'Brien / Murray Knight 242.4775 kms 30-Sep-84				
Medley 8+4+2+2	C Tetaz / C Coumaros A Di Medio / E Vining 3:26.11 Nov-14	Not Claimed	P Tunnecliffe / E Vining D DeCesars / A Koso 3:37.16 Feb-07	Clement Chan / Zachary Nunis Ben Macri / Chow Lui 3:46.75 Nov-14	Not Claimed
Discus	Not Claimed	Not Claimed	R Reber / A Watson N Carr 95.14 Dec-05	Not Claimed	Not Claimed
Shot Put	Not Claimed	Not Claimed	R Reber / A Watson H McLean 34.58 Dec-05	Not Claimed	Not Claimed
Long Jump	Not Claimed	Not Claimed	T Monroe / T Morrison L Innes 17.93 Dec-05	Not Claimed	Not Claimed