

Women's Track & Field

Event	OPEN	Under 20	Under 18	Under 17	Under 16	Under 15	Under 14	Under 13	40+
100m	E.Hutton 11.5 Aug-01	E.Hutton 11.68 Mar-96	E.Hutton 11.97 Feb-94	E.Hutton 12.15 Feb-93	Wilson/Bowen 12.34 Feb81- Nov91	C.Wilson 12.34 Feb-81	C.Wilson 12.34 Feb-81	Sisley Rosano 12.88 Mar-19	None Claimed
200m	R. Robson 24.17 Feb-05	E.Hutton 24.52 Jan-95	S.Bowen 24.95 Mar-92	S.Bowen 24.95 Mar-92	J.Boulter 25.24 1978	J.Boulter 25.24 1978	C.Wilson 25.54 Feb-81	L.Bilous 25.88 Dec-96	
400m	T.Lewis 52.58 Feb-99	T.Lewis 52.6 Jan-98	C. Feben 54.6 Mar-04	C. Feben 54.6 Mar-08	J.Boulter 55.44 1979	J.Boulter 55.44 1979	C.Wilson 57.64 Oct-80	Eve Parry 60.69 Feb-17	L. McLennan 01:28.9 9/12/2016
800m	T.Lewis 02:00.9 Feb-99	T.Lewis 02:02.9 Apr-98	A.Chui 02:04.3 Feb-95	K. Katsenavakis 2.04.72 Mar-05	K. Katsenavakis 2.07.28 Mar-08	K. Katsenavakis 2.10.55 Mar-08	B. Gange 2:12.81 Dec-05	Natalie Rule 2:18.49 Feb-09	
1,500m	S.Power 04:12.0 Feb-95	S.Power 04:12.0 Feb-95	S.Power 4:14.46 Jan-93	S.Power 4:22.12 Mar-92	L.Trezise 4:28.24 Jan-87	L.Trezise 4:33.04 Mar-86	A. Lavale 4:40.15 Feb-06	Natalie Rule 4:46.19 Feb-09	K. Gawthorn 6:50.40 5/10/2019
3,000m	S.Power 08:56.9 Feb-95	S.Power 08:56.9 Feb-95	S.Power 8:59.71 Feb-93	S.Power 9:12.73 Feb-93	L.Trezise 9:30.55 Feb-86	L.Trezise 9:47.97 Feb-86	A Caldwell 10:11.94 Nov-14	Rachel White 11:44.4 18-Oct	
5,000m	N.Harvey 15:22.6 Feb-99	A Cladwell 16:40.79 Nov-19	A Caldwell 16:40.79 Nov-19	L.Trezise 16:57.84 Nov-86	L.Trezise 16:57.84 Nov-86	G. Thek 17:57.95 Feb-06			
10,000m	N.Harvey 32:20.6 Dec-98	S.Sternson 36:19.7 Dec-93	S.Sternson 36:19.7 Dec-93	S.Sternson 36:19.7 Dec-93					
2,000m Steeplechase				S Carberry 6.38.68 Jul-07	S Carberry 06:42.0 Dec-06	G. Thek 7.09.21 Dec-05			
3,000m Steeplechase	S Carberry 10:37.54 Nov-07	S Carberry 10:37.54 Nov-07	S Carberry 10:37.54 Nov-07	S Carberry 10:37.54 Nov-07		G. Thek 11:21.0 Feb-06			
80m Hurdle							Ziara Freeny 12.98 Dec-15	L.Gannon 13.24 Dec-88	
90m Hurdle					Sarah Fitt 13.14 Dec-12 (76.2cm)	Sarah Fitt 13.23 Mar-12 (76.2cm)	C.Armstrong 14.94(low) Nov-85	K.Saunders 16.94(low) Dec-81	
100m Hurdle	Nicole Reynolds 13.92 Feb-17	Nicole Reynolds 13.92 Feb-17	N Reynolds 13.89 Mar-16	Nicole Reynolds 13.89 Mar-16	Nicole Reynolds 13.96 Mar-15	B.Rennie 15.84 1979	L.Clarke 20.74 Mar-81	L.Clarke 20.74 Mar-81	
200m Hurdle					Nicole Reynolds 28.37 Dec-14	A.Lavale 30.14 Dec-05	J.Harvey 31.44 Feb-93	S Harding 32.58 Mar-20	
300m Hurdle					C.Larritt 44.71 Feb-87	N.Short 44.74 Jan-93	J.Harvey 49.44 Mar-93	C.Short 52.14 Jan-93	
400m Hurdle	S.Brito 55.5 Apr-02	K.Crow 59.05 Dec-01	K.Crow 59.05 Dec-01	K.Crow 59.05 Dec-01	C.Wilson 61.34 Mar-83	C.Wilson 61.34 Mar-83	C.Wilson 61.34 Mar-81	G.Russell 84.54 Feb-83	
1,500m Walk	S.Pierson 6:27.64 Dec-81	S.Pierson 6:32.44 Dec-81	S.Pierson 6:32.44 Dec-81	S.Pierson 6:41.14 Dec-78	S.Pierson 6:41.14 Dec-77	N.Sanso'tti 6:47.14 Dec-87	N.Sanso'tti 7:03.64 Nov-87	N.Sanso'tti 7:07.80 Mar-87	L. McLennan 07:14.9 12/10/2019
2,000m Walk	N.Sanso'tti 9:36.24 Oct-87	N.Sanso'tti 9:36.24 Oct-87	N.Sanso'tti 9:36.24 Oct-87	N.Sanso'tti 9:36.24 Oct-87	N.Sanso'tti 9:36.24 Oct-87	N.Sanso'tti 9:36.24 Oct-87	N.Sanso'tti 9:36.24 Oct-87	M.Sanso'tti 9:51.14 Jan-90	L. McLennan 11:56.3 12/10/2019
3,000m Walk	S.Pierson 13:02.74 Feb-82	S.Pierson 13:02.74 Feb-82	S.Pierson 13:41.24 1981	S.Pierson 14:13.44 1978	S.Pierson 14:13.44	N.Sanso'tti 14:52.96 Dec-87	N.Sanso'tti 14:52.96 Dec-87	N.Sanso'tti 14:52.96 Dec-87	L. McLennan 18:55.4 15/12/2018
5,000m Walk	S.Pierson 22:24.24 Sep-83	M.Horne 26:15.24 Feb-87	K Walberg 36:01.6 Dec-14						L. McLennan 33:20:00 17/02/2019
Marathon	R.Mellinda 2:37:56	Not Claimed							
Long Jump	K.Burns 6.41 Feb-98	K.Burns 6.32 Aug-89	K.Burns 6.18 Dec-88	K.Burns 5.98 Nov-87	K.Burns 5.86 Nov-86	S.Bowen 5.55 Mar-90	L.Bilous 5.48 Feb-98	L.Bilous 5.41 Dec-96	
Triple Jump	T.Dixon 13 Nov-97	K.Burns 12.48 Dec-88	K.Burns 12.48 Dec-88	K.Burns 12.39 Oct-87	K.Burns 11.88 Nov-86	L.Bilous 11.31 Feb-98	L.Bilous 11.31 Feb-98	C.Fidler 10 Nov-90	
High Jump	J.Talbot 1.88 Mar-86	J.Talbot 1.81 Feb-82	J.Talbot 1.81 Feb-82	J.Talbot 1.76 Mar-81	J.Hunt 1.73 Oct-81	J.Hunt 1.73 Oct-81	C.Fidler 1.6 Oct-91	C.Fidler 1.55 Dec-90	
Pole Vault	R.Dacy 4.1 Feb-99	R.Dacy 3.61 Nov-96	T Grace 2.6 Mar-20	T Grace 2.6 Mar-20	T Grace 2.6 Mar-20	T Grace 2.6 Mar-20	T Grace 2.6 Mar-20	T Grace 2.6 Mar-20	
Shot Put	C.Schultz 14.36 Mar-91 (4kg)	Steph Ratcliffe 11.73 Mar-19 (4kg)	S Ratcliffe 14.08 Dec-17 (3kg)	Steph Ratcliffe 14.08 Dec-17 (3kg)	Steph Ratcliffe 13.47 Mar-16 (3kg)	D.Bottos 13.17 Dec-85 (3kg)	S Ratcliffe 12.07 Dec-14 (3kg)	H.Carr 10.73 Jan-82 (3kg)	
Discus	L.Burns 46.89 Dec-00	L.Burns 46.89 Dec-00	L.Burns 46.89 Dec-00	L.Burns 46.89 Dec-00	L.Burns 42.04 Nov-99	N.Langton 39.94 Mar-91	L.Burns 37.18 Dec-97	L.Burns 32.2 Nov-96	K. Gawthorn 15.77 30/11/2019
Javelin	Breanna Large 44.99 Oct-17 (600g)	L.Burns 42.35 Dec-00 (600g)	C.Mohorovic 42.49 Mar-12 (500g)	C.Mohorovic 42.49 Mar-12 (500g)	C.Mohorovic 42.49 Mar-12 (500g)	C.Mohorovic 42.49 Mar-12 (500g)	L.Burns 34.22 Nov-97 (???g)	L.Burns 29.14 Sep-96 (???g)	
Hammer Throw	Steph Ratcliffe 58.96 Mar-19 (4kg)	Steph Ratcliffe 58.96 Mar-19 (4kg)	S Ratcliffe 63.46 Oct-17 (3kg)	Steph Ratcliffe 63.46 Oct-17 (3kg)	Steph Ratcliffe 59.87 Nov-16 (3kg)	Steph Ratcliffe 48.86 Dec-15 (3kg)	S Ratcliffe 43.15 Dec-14 (3kg)	S Ratcliffe 28.55 Nov-13 (3kg)	L. McLennan 20.06 26/10/2019
Heptathlon	C.Payne 4360 Jan-93	C.Payne 4360 Jan-93	N Exon 3324 Feb-09	N Exon 3324 Feb-09	Not Claimed	Not Claimed	L.Bilous 3337 Dec-97	Not Claimed	

* on 1 October 2011 women's weights were changed for U15, U16, U17 and U18 - Javelin 600g to 500g, Hammer and Shot 4kg to 3kg

Women's Relays

	OPEN	Under 20	Under 18	Under 16	Under 14	40+
4 x 100m	S.Brito / M O'Connor K.Dressler / E.Hutton 47.1 Jan-01	Fankhauser / Burns Langley / George 48.94 Dec-89	Walker / Bowen Neville / Slaven 49.3 Mar-92	Walker / Gannon Slaven / Bowen 49.94 Dec-90	Gill / Gannon Slaven / Bowen 51.14 Dec-89	
4 x 200m	S.Brito / R.Robson K.Dressler / K.Myers 01:38.0 Jan-01	Gannon / Walker Slaven / Bowen 1:42.44 Dec-92	Gannon / Walker Slaven / Bowen 1:42.44 Dec-92	S Louey / K Radford H Patterson / K Quispel 1:44.18 2-Dec	Gill / Gannon Slaven / Bowen 1:49.54 Dec-89	
4 x 400m	S.Brito / R.Robson K.Dressler / K.Myers 03:40.3 Jan-01	Blyth / Berntsen Rowarth / Wilson 3:54.04 Dec-83	Blyth / Berntsen Rowarth / Wilson 3:54.04 Dec-83	Evans / McPhee Blyth / Boulter 4:00.14 Mar-81	Mason / Blyth Berntsen / Wilson 4:02.74 Mar-81	
4 x 800m	G Buckley / C Gist K Katsanevakis/A de la Motte 8:51.95 Nov-14	Power / Harvey Jones / Payne 9:09.83 Mar-92	Power / Harvey Jones / Payne 9:09.83 Mar-92	Sternson / Short Scot t / Peel 9:40.14 Dec-92	Not Claimed	
4 x 1,500m	Jelleff / Pierson Miller / Mallinder 18:34.44 1986	Power / Harvey Jones / Sternson 18:34.58 Mar-92	Power / Harvey Jones / Sternson 18:34.58 Mar-92	Not Claimed	Not Claimed	
Medley 8+4+2+2	C Yates / K Bunevicius G Feben / A de la Motte 03:58.47 Nov-16	Not Claimed	S O'Connell / N Reynolds A Musker / A Caldwell 4:02.56 Nov-16	B Gange / C Quilty K McCloskey-Huckin / H Papas 4:13.31 Feb-07	Not Claimed	
Discus	Not Claimed	Not Claimed	Not Claimed	Not Claimed	Not Claimed	
Shot Put	Not Claimed	Not Claimed	Not Claimed	Not Claimed	Not Claimed	
Long Jump	M Lane / T Lane N Lane 13.88m Mar-10	Not Claimed	S Singh / T Lane A Hull 13.47 Dec-05	Not Claimed	Not Claimed	