

**Women's Track & Field**

Event	OPEN	Under 20	Under 18	Under 17	Under 16	Under 15	Under 14	Under 13	40+
<b>100m</b>	<b>E.Hutton</b> 11.5 Aug-01	<b>E.Hutton</b> 11.68 Mar-96	<b>E.Hutton</b> 11.97 Feb-94	<b>E.Hutton</b> 12.15 Feb-93	<b>Wilson/Bowen</b> 12.34 Feb81- Nov91	<b>C.Wilson</b> 12.34 Feb-81	<b>C.Wilson</b> 12.34 Feb-81	<b>Sisley Rosano</b> 12.88 Mar-19	<b>D Tomsett</b> 12.4 Mar-98
<b>200m</b>	<b>R. Robson</b> 24.17 Feb-05	<b>E.Hutton</b> 24.52 Jan-95	<b>S.Bowen</b> 24.95 Mar-92	<b>S.Bowen</b> 24.95 Mar-92	<b>J.Boulter</b> 25.24 1978	<b>J.Boulter</b> 25.24 1978	<b>C.Wilson</b> 25.54 Feb-81	<b>L.Bilous</b> 25.88 Dec-96	<b>D Tomsett</b> 26.6 Mar-98
<b>400m</b>	<b>T.Lewis</b> 52.58 Feb-99	<b>T.Lewis</b> 52.6 Jan-98	<b>C. Feben</b> 54.6 Mar-04	<b>C. Feben</b> 54.6 Mar-08	<b>J.Boulter</b> 55.44 1979	<b>J.Boulter</b> 55.44 1979	<b>C.Wilson</b> 57.64 Oct-80	<b>Eve Parry</b> 60.69 Feb-17	<b>L. McLennan</b> 1:17.38 Dec-20
<b>800m</b>	<b>T.Lewis</b> 2:00.90 Feb-99	<b>T.Lewis</b> 02:02.9 Apr-98	<b>A.Chui</b> 02:04.3 Feb-95	<b>K. Katsenavakis</b> 2.04.72 Mar-05	<b>K. Katsenavakis</b> 2.07.28 Mar-08	<b>K. Katsenavakis</b> 2.10.55 Mar-08	<b>B. Gange</b> 2:12.81 Dec-05	<b>Natalie Rule</b> 2:18.49 Feb-09	<b>L. McLennan</b> 2:59.80 Dec-20
<b>1,500m</b>	<b>A. Caldwell</b> 4:08.67 Feb-95	<b>S.Power</b> 04:12.0 Feb-95	<b>S.Power</b> 4:14.46 Jan-93	<b>S.Power</b> 4:22.12 Mar-92	<b>L.Treize</b> 4:28.24 Jan-87	<b>L.Treize</b> 4:33.04 Mar-86	<b>A. Lavale</b> 4:40.15 Feb-09	<b>Natalie Rule</b> 4:46.19 Feb-09	<b>L. McLennan</b> 6:24.60 Mar-21
<b>3,000m</b>	<b>S.Power</b> 08:56.9 Feb-95	<b>S.Power</b> 08:56.9 Feb-95	<b>S.Power</b> 8:59.71 Feb-93	<b>S.Power</b> 9:12.73 Feb-93	<b>L.Treize</b> 9:30.55 Feb-86	<b>L.Treize</b> 9:47.97 Feb-86	<b>A Caldwell</b> 10:11.94 Nov-14	<b>Rachel White</b> 11:44.4 18-Oct	<b>L. McLennan</b> 15:08.52 Dec-20
<b>5,000m</b>	<b>N.Harvey</b> 15:22.6 Feb-99	<b>A Cladwell</b> 16:40.79 Nov-19	<b>A Caldwell</b> 16:40.79 Nov-19	<b>L.Treize</b> 16:57.84 Nov-86	<b>L.Treize</b> 16:57.84 Nov-86	<b>G. Thek</b> 17.57.95 Feb-06			
<b>10,000m</b>	<b>N.Harvey</b> 32:20.6 Dec-98	<b>S.Sternson</b> 36:19.7 Dec-93	<b>S.Sternson</b> 36:19.7 Dec-93	<b>S.Sternson</b> 36:19.7 Dec-93					
<b>2,000m Steeplechase</b>				<b>S Carberry</b> 6.38.68 Jul-07	<b>S Carberry</b> 06:42.0 Dec-06	<b>G. Thek</b> 7.09.21 Dec-05			<b>L. McLennan</b> 10:27.20 Apr-21
<b>3,000m Steeplechase</b>	<b>S Carberry</b> 10:37.54 Nov-07	<b>S Carberry</b> 10:37.54 Nov-07	<b>S Carberry</b> 10:37.54 Nov-07	<b>S Carberry</b> 10:37.54 Nov-07		<b>G. Thek</b> 11:21.0 Feb-06			
<b>80m Hurdle</b>							<b>S. Harding</b> 12.77 Mar-21	<b>L.Gannon</b> 13.24 Dec-88	
<b>90m Hurdle</b>					<b>Sarah Fitt</b> 13.14 Dec-12 (76.2cm)	<b>Sarah Fitt</b> 13.23 Mar-12 (76.2cm)	<b>C.Armstrong</b> 14.94(low) Nov-85	<b>K.Saunders</b> 16.94(low) Dec-81	
<b>100m Hurdle</b>	<b>Nicole Reynolds</b> 13.92 Feb-17	<b>Nicole Reynolds</b> 13.92 Feb-17	<b>N Reynolds</b> 13.89 Mar-16	<b>Nicole Reynolds</b> 13.89 Mar-16	<b>Nicole Reynolds</b> 13.96 Mar-15	<b>B.Rennie</b> 15.84 1979	<b>L.Clarke</b> 20.74 Mar-81	<b>L.Clarke</b> 20.74 Mar-81	
<b>200m Hurdle</b>					<b>Nicole Reynolds</b> 28.37 Dec-14	<b>A.Lavale</b> 30.14 Dec-05	<b>S. Harding</b> 30.92 Feb-21	<b>S Harding</b> 32.58 Mar-20	
<b>300m Hurdle</b>					<b>C.Larritt</b> 44.71 Feb-87	<b>N.Short</b> 44.74 Jan-93	<b>J.Harvey</b> 49.44 Mar-93	<b>C.Short</b> 52.14 Jan-93	
<b>400m Hurdle</b>	<b>S.Brito</b> 55.5 Apr-02	<b>K.Crow</b> 59.05 Dec-01	<b>K.Crow</b> 59.05 Dec-01	<b>K.Crow</b> 59.05 Dec-01	<b>C.Wilson</b> 61.34 Mar-83	<b>C.Wilson</b> 61.34 Mar-83	<b>C.Wilson</b> 61.34 Mar-81	<b>G.Russell</b> 84.54 Feb-83	<b>D Tomsett</b> 67.6 Feb-02
<b>1,500m Walk</b>	<b>S.Pierson</b> 6:27.64 Dec-81	<b>S.Pierson</b> 6:32.44 Dec-81	<b>S.Pierson</b> 6:32.44 Dec-81	<b>S.Pierson</b> 6:41.14 Dec-78	<b>S.Pierson</b> 6:41.14 Dec-77	<b>N.Sanso'tti</b> 6:47.14 Dec-87	<b>N.Sanso'tti</b> 7:03.64 Nov-87	<b>N.Sanso'tti</b> 7:07.80 Mar-87	<b>L. McLennan</b> 07:14.9 Dec-19
<b>2,000m Walk</b>	<b>N.Sanso'tti</b> 9:36.24 Oct-87	<b>N.Sanso'tti</b> 9:36.24 Oct-87	<b>N.Sanso'tti</b> 9:36.24 Oct-87	<b>N.Sanso'tti</b> 9:36.24 Oct-87	<b>N.Sanso'tti</b> 9:36.24 Oct-87	<b>N.Sanso'tti</b> 9:36.24 Oct-87	<b>N.Sanso'tti</b> 9:36.24 Oct-87	<b>M.Sanso'tti</b> 9:51.14 Jan-90	<b>L. McLennan</b> 11:24.2 Mar-21
<b>3,000m Walk</b>	<b>S.Pierson</b> 13:02.74 Feb-82	<b>S.Pierson</b> 13:02.74 Feb-82	<b>S.Pierson</b> 13:41.24 1981	<b>S.Pierson</b> 14:13.44 1978	<b>S.Pierson</b> 14:13.44	<b>N.Sanso'tti</b> 14:52.96 Dec-87	<b>N.Sanso'tti</b> 14:52.96 Dec-87	<b>N.Sanso'tti</b> 14:52.96 Dec-87	<b>L. McLennan</b> 17:52.6 Feb-21
<b>5,000m Walk</b>	<b>S.Pierson</b> 22:24.24 Sep-83	<b>M.Horne</b> 26:15.24 Feb-87	<b>K Walberg</b> 36:01.6 Dec-14						<b>L. McLennan</b> 30:46.0 Mar-21
<b>Marathon</b>	<b>R.Mellinda</b> 2:37:56	<b>Not Claimed</b>							
<b>Long Jump</b>	<b>K.Burns</b> 6.41 Feb-98	<b>K.Burns</b> 6.32 Aug-89	<b>K.Burns</b> 6.18 Dec-88	<b>K.Burns</b> 5.98 Nov-87	<b>K.Burns</b> 5.86 Nov-86	<b>S.Bowen</b> 5.55 Mar-90	<b>L.Bilous</b> 5.48 Feb-98	<b>L.Bilous</b> 5.41 Dec-96	<b>C. Smith</b> 3.27 Nov-20
<b>Triple Jump</b>	<b>T.Dixon</b> 13 Nov-97	<b>K.Burns</b> 12.48 Dec-88	<b>K.Burns</b> 12.48 Dec-88	<b>K.Burns</b> 12.39 Oct-87	<b>K.Burns</b> 11.88 Nov-86	<b>L.Bilous</b> 11.31 Feb-98	<b>L.Bilous</b> 11.31 Feb-98	<b>C.Fidler</b> 10.00 Nov-90	<b>C. Smith</b> 8.11 Mar-21
<b>High Jump</b>	<b>J.Talbot</b> 1.88 Mar-86	<b>J.Talbot</b> 1.81 Feb-82	<b>J.Talbot</b> 1.81 Feb-82	<b>J.Talbot</b> 1.76 Mar-81	<b>J.Hunt</b> 1.73 Oct-81	<b>J.Hunt</b> 1.73 Oct-81	<b>C.Fidler</b> 1.6 Oct-91	<b>C.Fidler</b> 1.55 Dec-90	<b>C. Smith</b> 1.15 Mar-21
<b>Pole Vault</b>	<b>R.Dacy</b> 4.1 Feb-99	<b>R.Dacy</b> 3.61 Nov-96	<b>T Grace</b> 3.1 Apr-21	<b>T Grace</b> 3.1 Apr-21	<b>T Grace</b> 3.1 Apr-21	<b>T Grace</b> 3.1 Apr-21	<b>T Grace</b> 3.1 Apr-21	<b>T Grace</b> 2.6 Mar-20	
<b>Shot Put</b>	<b>C.Schultz</b> 14.36 Mar-91 (4kg)	<b>Steph Ratcliffe</b> 11.73 Mar-19 (4kg)	<b>S Ratcliffe</b> 14.08 Dec-17 (3kg)	<b>Steph Ratcliffe</b> 14.08 Dec-17 (3kg)	<b>Steph Ratcliffe</b> 13.47 Mar-16 (3kg)	<b>D.Bottos</b> 13.17 Dec-85 (3kg)	<b>S Ratcliffe</b> 12.07 Dec-14 (3kg)	<b>H.Carr</b> 10.73 Jan-82 (3kg)	<b>C. Smith</b> 8.20 Nov-20 (4 kg)
<b>Discus</b>	<b>L.Burns</b> 46.89 Dec-00	<b>L.Burns</b> 46.89 Dec-00	<b>L.Burns</b> 46.89 Dec-00	<b>L.Burns</b> 46.89 Dec-00	<b>L.Burns</b> 42.04 Nov-99	<b>N.Langton</b> 39.94 Mar-91	<b>L.Burns</b> 37.18 Dec-97	<b>L.Burns</b> 32.2 Nov-96	<b>C. Smith</b> 25.55 Jan-21
<b>Javelin</b>	<b>Breanna Large</b> 44.99 Oct-17 (600g)	<b>L.Burns</b> 42.35 Dec-00 (600g)	<b>C.Mohorovic</b> 42.49 Mar-12 (500g)	<b>C.Mohorovic</b> 42.49 Mar-12 (500g)	<b>C.Mohorovic</b> 42.49 Mar-12 (500g)	<b>C.Mohorovic</b> 42.49 Mar-12 (500g)	<b>L.Burns</b> 34.22 Nov-97 (???g)	<b>L.Burns</b> 29.14 Sep-96 (???g)	<b>C. Smith</b> 26.42 Jan-21 (600g)
<b>Hammer Throw</b>	<b>Steph Ratcliffe</b> 58.96 Mar-19 (4kg)	<b>Steph Ratcliffe</b> 58.96 Mar-19 (4kg)	<b>S Ratcliffe</b> 63.46 Oct-17 (3kg)	<b>Steph Ratcliffe</b> 63.46 Oct-17 (3kg)	<b>Steph Ratcliffe</b> 59.87 Nov-16 (3kg)	<b>Steph Ratcliffe</b> 48.86 Dec-15 (3kg)	<b>S Ratcliffe</b> 43.15 Dec-14 (3kg)	<b>S Ratcliffe</b> 28.55 Nov-13 (3kg)	<b>C. Smith</b> 22.33 Mar-21
<b>Heptathlon</b>	<b>C.Payne</b> 4360 Jan-93	<b>C.Payne</b> 4360 Jan-93	<b>N Exon</b> 3324 Feb-09	<b>N Exon</b> 3324 Feb-09	<b>Not Claimed</b>	<b>Not Claimed</b>	<b>L.Bilous</b> 3337 Dec-97	<b>Not Claimed</b>	

\* on 1 October 2011 women's weights were changed for U15, U16, U17 and U18 - Javelin 600g to 500g, Hammer and Shot 4kg to 3kg

**Women's Relays**

Event	OPEN	Under 20	Under 18	Under 16	Under 14	40+
<b>4 x 100m</b>	<b>S.Brito / M O'Connor</b> 47.1 Jan-01	<b>Fankhauser / Burns</b> Langley / George 48.94 Dec-89	<b>Walker / Bowen</b> Neville / Slaven 49.3 Mar-92	<b>Walker / Gannon</b> Slaven / Bowen 49.94 Dec-90	<b>Gill / Gannon</b> Slaven / Bowen 51.14 Dec-89	<b>Smith / Kelly</b> Parrott / McLennan 67.64 Jan-21
<b>4 x 200m</b>	<b>S.Brito / R.Robson</b> K.Dressler / K.Myers 01:38.0	<b>Gannon / Walker</b> Slaven / Bowen 1:42.44	<b>Gannon / Walker</b> Slaven / Bowen 1:42.44	<b>S Louey / K Radford</b> H Patterson / K Quispel 1.44.18	<b>Gill / Gannon</b> Slaven / Bowen 1:49.54	

	Jan-01	Dec-92	Dec-92	2-Dec	Dec-89
4 x 400m	S.Brito / R.Robson K.Dressler / K.Myers 03:40.3 Jan-01	Blyth / Berntsen Rowarth / Wilson 3:54.04 Dec-83	Blyth / Berntsen Rowarth / Wilson 3:54.04 Dec-83	Evans / McPhee Blyth / Boulter 4:00.14 Mar-81	Mason / Blyth Berntsen / Wilson 4:02.74 Mar-81
4 x 800m	G Buckley / C Gist K Katsanevakis/A de la Motte 8:51.95 Nov-14	Power / Harvey Jones / Payne 9:09.83 Mar-92	Power / Harvey Jones / Payne 9:09.83 Mar-92	Sternson / Short Scot t / Peel 9:40.14 Dec-92	Not Claimed
4 x 1,500m	Jelleff / Pierson Miller / Mallinder 18:34.44 1986	Power / Harvey Jones / Sternson 18:34.58 Mar-92	Power / Harvey Jones / Sternson 18:34.58 Mar-92	Not Claimed	Not Claimed
Medley 8+4+2+2	C Yates / K Bunevicius G Feben / A de la Motte 03:58.47 Nov-16	Not Claimed	S O'Connell / N Reynolds A Musker / A Caldwell 4.02.56 Nov-16	B Gange / C Quilty K McCloskey-Huckin / H Papas 4.13.31 Feb-07	Peak / Parrott Kelly / McLennan 05:49.4 Jan-21
Discus	Not Claimed	Not Claimed	Not Claimed	Not Claimed	Not Claimed
Shot Put	Not Claimed	Not Claimed	Not Claimed	Not Claimed	Not Claimed
Long Jump	M Lane / T Lane N Lane 13.88m Mar-10	Not Claimed	S Singh / T Lane A Hull 13.47 Dec-05	Not Claimed	Not Claimed