

**Women's Track & Field**

Event	OPEN	Under 20	Under 18	Under 17	Under 16	Under 15	Under 14	Under 13	40+
100m	E.Hutton 11.5 Aug-01	E.Hutton 11.68 Mar-96	E.Hutton 11.97 Feb-94	E.Hutton 12.15 Feb-93	Wilson/Bowen 12.34 Feb81- Nov91	C.Wilson 12.34 Feb-81	C.Wilson 12.34 Feb-81	Sisley Rosano 12.88 Mar-19	D Tomsett 12.4 Mar-98
200m	R. Robson 24.17 Feb-05	E.Hutton 24.52 Jan-95	S.Bowen 24.95 Mar-92	S.Bowen 24.95 Mar-92	J.Boulter 25.24 1978	J.Boulter 25.24 1978	C.Wilson 25.54 Feb-81	L.Bilous 25.88 Dec-96	D Tomsett 26.6 Mar-98
400m	T.Lewis 52.58 Feb-99	T.Lewis 52.6 Jan-98	C. Feben 54.6 Mar-04	C. Feben 54.6 Mar-08	J.Boulter 55.44 1979	J.Boulter 55.44 1979	C.Wilson 57.64 Oct-80	Eve Parry 60.69 Feb-17	L Rinaudo 71.35 Oct-22
800m	Abbey Caldwell 1:58.62 Mar-23	T.Lewis 02:02.9 Apr-98	A.Chui 02:04.3 Feb-95	K. Katsenavakis 2.04.72 Mar-05	K. Katsenavakis 2.07.28 Mar-08	K. Katsenavakis 2.10.55 Mar-08	B. Gange 2:12.81 Dec-05	Natalie Rule 2:18.49 Feb-09	L Rinaudo 2:48.70 Mar-23
1,500m	Abbey Caldwell 04:04.18 May-22	S.Power 04:12.0 Feb-95	S.Power 4:14.46 Jan-93	S.Power 4:22.12 Mar-92	L.Treize 4:28.24 Jan-87	L.Treize 4:33.04 Mar-86	A. Lavale 4:40.15 Feb-06	Natalie Rule 4:46.19 Feb-09	L Rinaudo 4:53.60 Dec-22
3,000m	S.Power 08:56.9 Feb-95	S.Power 08:56.9 Feb-95	S.Power 8:59.71 Feb-93	S.Power 9:12.73 Feb-93	L.Treize 9:30.55 Feb-86	L.Treize 9:47.97 Feb-86	A Caldwell 10:11.94 Nov-14	Rachel White 11:44.4 18-Oct	L. McLennan 15:08.52 Dec-20
5,000m	N.Harvey 15:22.6 Feb-99	A Cladwell 16:40.79 Nov-19	A Caldwell 16:40.79 Nov-19	L.Treize 16:57.84 Nov-86	L.Treize 16:57.84 Nov-86	G. Thek 17.57.95 Feb-06			L Rinaudo 18:04.40 Dec-22
10,000m	N.Harvey 32:20.6 Dec-98	S.Sternson 36:19.7 Dec-93	S.Sternson 36:19.7 Dec-93	S.Sternson 36:19.7 Dec-93					L. McLennan 54:02.00 May-22
2,000m Steeplechase				S Carberry 6.38.68 Jul-07	S Carberry 06:42.0 Dec-06	G. Thek 7.09.21 Dec-05			L. McLennan 10:27.20 Apr-21
3,000m Steeplechase	S Carberry 10:37.54 Nov-07	S Carberry 10:37.54 Nov-07	S Carberry 10:37.54 Nov-07	S Carberry 10:37.54 Nov-07		G. Thek 11:21.0 Feb-06			
80m Hurdle							S. Harding 12.77 Mar-21	L.Gannon 13.24 Dec-88	K. Downward 15.50 Jan-22
90m Hurdle					Shakira Harding 12.88 Oct-22	J. Harding 12.97 Apr-23	C.Armstrong 14.94(low) Nov-85	K.Saunders 16.94(low) Dec-81	
100m Hurdle	Nicole Reynolds 13.92 Feb-17	Nicole Reynolds 13.92 Feb-17	N Reynolds 13.89 Mar-16	Nicole Reynolds 13.89 Mar-16	Nicole Reynolds 13.96 Mar-15	B.Rennie 15.84 1979	L.Clarke 20.74 Mar-81	L.Clarke 20.74 Mar-81	
200m Hurdle					Shakira Harding 28.35 Dec-22	Shakira Harding 29.60 Mar-22	J. Harding 29.87 Apr-23	Shakira Harding 32.58 Mar-20	
300m Hurdle					C.Larritt 44.71 Feb-87	N.Short 44.74 Jan-93	J.Harvey 49.44 Mar-93	C.Short 52.14 Jan-93	
400m Hurdle	S.Brito 55.5 Apr-02	K.Crow 59.05 Dec-01	K.Crow 59.05 Dec-01	K.Crow 59.05 Dec-01	C.Wilson 61.34 Mar-83	C.Wilson 61.34 Mar-83	C.Wilson 61.34 Mar-81	G.Russell 84.54 Feb-83	D Tomsett 67.6 Feb-02
1,500m Walk	S.Pierson 6:27.64 Dec-81	S.Pierson 6:32.44 Dec-81	S.Pierson 6:32.44 Dec-81	S.Pierson 6:41.14 Dec-78	S.Pierson 6:41.14 Dec-77	N.Sanso'tti 6:47.14 Dec-87	N.Sanso'tti 7:03.64 Nov-87	N.Sanso'tti 7:07.80 Mar-87	L. McLennan 07:14.9 Dec-19
2,000m Walk	N.Sanso'tti 9:36.24 Oct-87	N.Sanso'tti 9:36.24 Oct-87	N.Sanso'tti 9:36.24 Oct-87	N.Sanso'tti 9:36.24 Oct-87	N.Sanso'tti 9:36.24 Oct-87	N.Sanso'tti 9:36.24 Oct-87	N.Sanso'tti 9:36.24 Oct-87	M.Sanso'tti 9:51.14 Jan-90	L. McLennan 11:24.2 Mar-21
3,000m Walk	S.Pierson 13:02.74 Feb-82	S.Pierson 13:02.74 Feb-82	S.Pierson 13:41.24 1981	S.Pierson 14:13.44 1978	S.Pierson 14:13.44	N.Sanso'tti 14:52.96 Dec-87	N.Sanso'tti 14:52.96 Dec-87	N.Sanso'tti 14:52.96 Dec-87	L. McLennan 17:52.6 Feb-21
5,000m Walk	S.Pierson 22:24.24 Sep-83	M.Horne 26:15.24 Feb-87	K Walberg 36:01.6 Dec-14						L. McLennan 30:46.0 Mar-21
Marathon	R. Mallinder 2:37:56	Not Claimed							
Long Jump	K.Burns 6.41 Feb-98	K.Burns 6.32 Aug-89	K.Burns 6.18 Dec-88	K.Burns 5.98 Nov-87	K.Burns 5.86 Nov-86	S.Bowen 5.55 Mar-90	L.Bilous 5.48 Feb-98	L.Bilous 5.41 Dec-96	C. Smith 3.99 Oct-15
Triple Jump	T.Dixon 13 Nov-97	K.Burns 12.48 Dec-88	K.Burns 12.48 Dec-88	K.Burns 12.39 Oct-87	K.Burns 11.88 Nov-86	L.Bilous 11.31 Feb-98	L.Bilous 11.31 Feb-98	C.Fidler 10.00 Nov-90	C. Smith 8.11 Mar-21
High Jump	J.Talbot 1.88 Mar-86	J.Talbot 1.81 Feb-82	J.Talbot 1.81 Feb-82	J.Talbot 1.76 Mar-81	J.Hunt 1.73 Oct-81	J.Hunt 1.73 Oct-81	C.Fidler 1.6 Oct-91	C.Fidler 1.55 Dec-90	K. Downward 1.40 Jan-22
Pole Vault	R.Dacy 4.1 Feb-99	R.Dacy 3.61 Nov-96	J.Harding 3.55 Apr-23	J.Harding 3.55 Apr-23	J.Harding 3.55 Apr-23	J.Harding 3.55 Apr-23	J.Harding 3.55 Apr-23	J.Harding 3.55 Apr-23	Alle Basile 3.0 Apr-23
Shot Put	C.Schultz 14.36 Mar-91 (4kg)	Steph Ratcliffe 11.73 Mar-19 (4kg)	S Ratcliffe 14.08 Dec-17 (3kg)	Steph Ratcliffe 14.08 Dec-17 (3kg)	Steph Ratcliffe 13.47 Mar-16 (3kg)	D.Bottos 13.17 Dec-85 (3kg)	S Ratcliffe 12.07 Dec-14 (3kg)	H.Carr 10.73 Jan-82 (3kg)	C. Smith 8.20 Nov-20 (4 kg)
Discus	L.Burns 46.89 Dec-00	L.Burns 46.89 Dec-00	L.Burns 46.89 Dec-00	L.Burns 46.89 Dec-00	L.Burns 42.04 Nov-99	N.Langton 39.94 Mar-91	L.Burns 37.18 Dec-97	L.Burns 32.2 Nov-96	C. Smith 25.55 Jan-21
Javelin	Breanna Large 44.99 Oct-17 (600g)	L.Burns 42.35 Dec-00 (600g)	C.Mohorovic 42.49 Mar-12 (500g)	C.Mohorovic 42.49 Mar-12 (500g)	C.Mohorovic 42.49 Mar-12 (500g)	C.Mohorovic 42.49 Mar-12 (500g)	E. McKinley 35.43 Feb-23	E. McKinley 35.43 Feb-23	C. Smith 26.42 Jan-21 (600g)
Hammer Throw	Steph Ratcliffe 58.96 Mar-19 (4kg)	Steph Ratcliffe 58.96 Mar-19 (4kg)	S Ratcliffe 63.46 Oct-17 (3kg)	Steph Ratcliffe 63.46 Oct-17 (3kg)	Steph Ratcliffe 59.87 Nov-16 (3kg)	Steph Ratcliffe 48.86 Dec-15 (3kg)	S Ratcliffe 43.15 Dec-14 (3kg)	E. McKinley 29.37 Feb-23	C. Smith 22.33 Mar-21
Heptathlon	C.Payne 4360 Jan-93	C.Payne 4360 Jan-93	N Exon 3324 Feb-09	N Exon 3324 Feb-09	E. Chivers 3483 Jan-22	E. Chivers 3483 Jan-22	L.Bilous 3337 Dec-97	Not Claimed	K. Downward 2388 Jan-22

\* on 1 October 2011 women's weights were changed for U15, U16, U17 and U18 - Javelin 600g to 500g, Hammer and Shot 4kg to 3kg

**Women's Relays**

	OPEN	Under 20	Under 18	Under 16	Under 14	40+
4 x 100m	S.Brito / M O'Connor	Fankhauser / Burns	Walker / Bowen	Walker / Gannon	Gill / Gannon	Smith / Drew

	<b>K.Dressler / E.Hutton</b> 47.1 Jan-01	<b>Langley / George</b> 48.94 Dec-89	<b>Neville / Slaven</b> 49.3 Mar-92	<b>Slaven / Bowen</b> 49.94 Dec-90	<b>Slaven / Bowen</b> 51.14 Dec-89	<b>McLennan / Garden</b> <b>60.88</b> Nov-22
<b>4 x 200m</b>	<b>S.Brito / R.Robson</b> <b>K.Dressler / K.Myers</b> 01:38.0 Jan-01	<b>Gannon / Walker</b> <b>Slaven / Bowen</b> 1:42.44 Dec-92	<b>Gannon / Walker</b> <b>Slaven / Bowen</b> 1:42.44 Dec-92	<b>S Louey / K Radford</b> <b>H Patterson / K Quispel</b> 1:44.18 2-Dec	<b>Gill / Gannon</b> <b>Slaven / Bowen</b> 1:49.54 Dec-89	<b>McLellan/Reardon</b> <b>McLennan/Garden</b> 02:27.4 Oct-22
<b>4 x 400m</b>	<b>S.Brito / R.Robson</b> <b>K.Dressler / K.Myers</b> 03:40.3 Jan-01	<b>Blyth / Berntsen</b> <b>Rowarth / Wilson</b> 3:54.04 Dec-83	<b>Blyth / Berntsen</b> <b>Rowarth / Wilson</b> 3:54.04 Dec-83	<b>Evans / McPhee</b> <b>Blyth / Boulter</b> 4:00.14 Mar-81	<b>Mason / Blyth</b> <b>Berntsen / Wilson</b> 4:02.74 Mar-81	<b>Smith / Garden</b> <b>Drew/Rinaudo</b> 4:56.49 Nov-22
<b>4 x 800m</b>	<b>G Buckley / C Gist</b> K Katsanevakis/A de la Motte 8:51.95 Nov-14	<b>Power / Harvey</b> <b>Jones / Payne</b> 9:09.83 Mar-92	<b>Power / Harvey</b> <b>Jones / Payne</b> 9:09.83 Mar-92	<b>Sternson / Short</b> <b>Scot t / Peel</b> 9:40.14 Dec-92	<b>Not Claimed</b>	
<b>4 x 1,500m</b>	<b>Jelleff / Pierson</b> <b>Miller / Mallinder</b> 18:34.44 1986	<b>Power / Harvey</b> <b>Jones / Sternson</b> 18:34.58 Mar-92	<b>Power / Harvey</b> <b>Jones / Sternson</b> 18:34.58 Mar-92	<b>Not Claimed</b>		<b>Garden / Kilmartin</b> <b>McLennan /Rinaudo</b> 24:39.54 Nov-22
<b>Medley</b> <b>8+4+2+2</b>	<b>C Yates / K Bunevicius</b> <b>G Feben / A de la Motte</b> 03:58.47 Nov-16	<b>Not Claimed</b>	<b>S O'Connell / N Reynolds</b> <b>A Musker / A Caldwell</b> 4:02.56 Nov-16	<b>B Gange / C Quilty</b> <b>K McCloskey-Huckin / H Papas</b> 4:13.31 Feb-07	<b>Not Claimed</b>	
<b>Discus</b>	<b>Not Claimed</b>	<b>Not Claimed</b>	<b>Not Claimed</b>	<b>Not Claimed</b>	<b>Not Claimed</b>	
<b>Shot Put</b>	<b>Not Claimed</b>	<b>Not Claimed</b>	<b>Not Claimed</b>	<b>Not Claimed</b>	<b>Not Claimed</b>	
<b>Long Jump</b>	<b>M Lane / T Lane</b> <b>N Lane</b> 13.88m Mar-10	<b>Not Claimed</b>	<b>S Singh / T Lane</b> <b>A Hull</b> 13.47 Dec-05	<b>Not Claimed</b>		<b>Not Claimed</b>